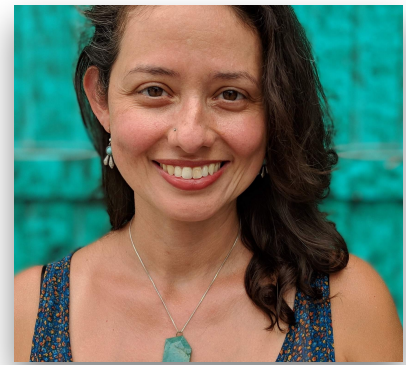


# *Be in Your Soul Flow & Radiance in 2019 Women's Day Retreat*

Friday, January 25th 10-4:00pm  
The Center, 12700 Southwest Hwy  
Palos Park, IL 60464  
\$144 by 1/18; \$177 after (includes lunch)  
Register, email [lisaespinos7@gmail.com](mailto:lisaespinos7@gmail.com)



*What are you being guided to create in 2019?*

*How is your Soul leading you to enjoy flow and increase your radiance in 2019?*

*What do you want your core feelings, your fuel to be in 2019?*

Join spiritual career coach and author Lisa Espinosa for a day of joy, and nurturing, all focused on creating a year of flow and radiance.

## **The retreat will include:**

- Time to play and connect with your Soul so you can listen to Her guidance on what she's leading you to create in 2019.
- Powerful and joyful manifesting practices to enhance your magnetism to all the things you want to create in 2019.
- Nurturing time to connect with like-minded women in an uplifting sacred environment.
- Reiki to enhance your intuition and help you release anything that can get in the way from you receiving the fruit of your manifestations.



*\*No prior Reiki experience necessary*

**Lisa Espinosa** is the author of *Answering Your Inner Calling*, winner of a 2017 Independent Press Award. She offers customized coaching programs that help clients evolve their career from the inside out. Lisa integrates spiritual principles with her training in the Internal Family Systems model of psychotherapy and Reiki energy healing. Prior to engaging in this work, she was an award-winning middle school teacher. Learn more about her work at [lisaespinosa.net](http://lisaespinosa.net).